

FIRST AID QUICK SHEET

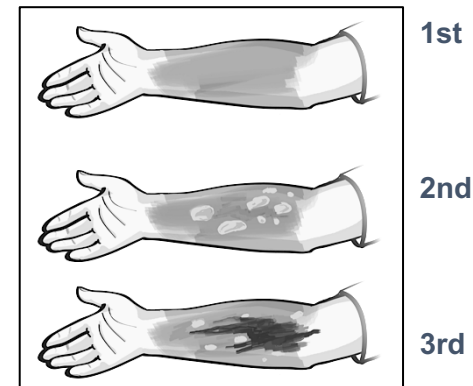
Burns and Fractures



*After **DR. ABC**, it's time to address any burns and broken bones (fractures) before transport. **
**However, if the casualty is not breathing or is bleeding uncontrollably, transport the patient immediately for advanced care and do not waste time splinting fractures or treating burns.*

How to Treat Burns:

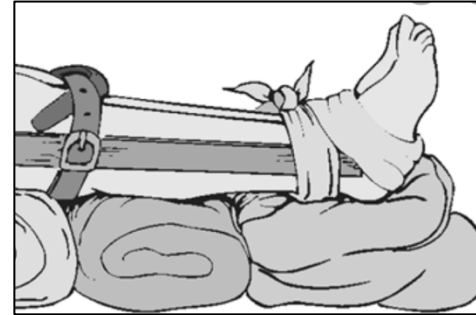
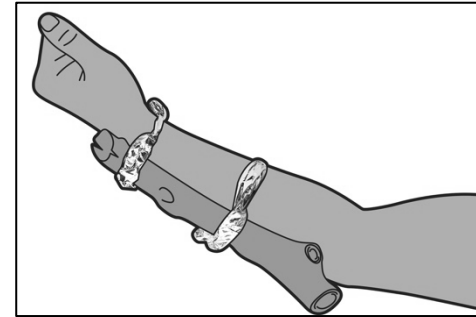
1. **DO NOT** apply water or ointments, aloe, or lotion.
2. If the burn is at all blistering or raw flesh is visible, cover the affected area with dry, clean cloth and go to the nearest hospital immediately.
3. Blistering or raw flesh is a “2nd degree” or “3rd degree” burn and is very dangerous if it is not treated by a professional.



Note: Not all burns come from direct heat. Patients can be burned by chemicals or electricity. Make sure you are aware of the source of a burn before treating it to ensure your own personal safety.

How to Splint a Limb:

1. Move the limb as little as possible and do NOT push deformed bones back into place.
2. Place a piece of wood or cardboard longer than 6 inches in a position to support the injury.
3. Tie two cloth ties firmly above and below the injury but NOT at the site of the injury.
4. Cover any open (compound) fractures with clean, wet gauze or fabric to keep the bone moist.



This method for splinting works on both arms and legs but is a temporary treatment. Transport the patient to the nearest health facility for professional treatment after splinting a limb.

*Please be safe and practice first aid at your own risk. LFR International is not liable for injuries resulting from any first aid attempts.